

The JABBERWOCKY



A Message from the Board



Welcome.

I really don't think I had ever welcomed spring with as much emphasis as I have this year. It has nothing to do with the weather even though that's been great. The fiddleheads are the best, but even that's not it either. There is a new optimism in the air, we have a vaccine and the light at the end is just a whole lot brighter than it was a year ago. We have just come through one of the most uncertain times in my life. I have seen wars, polio and the atomic bomb where I "used to hide under my desk hands over my head." Heck - I even had some uranium ore in my mom's kitchen cabinet for years!

The unknown is scary and the scariest part is, we didn't even know what we didn't know. We all have lost friends and relatives. We learned to wear masks and social distance but, you know, we have also gained a lot of hidden benefits over the last year. We have learned to use Zoom and make friends with people we would have never met otherwise. SSC has not only survived but is even stronger than it was, using Zoom for holding an exciting variety of programs during all four seasons last year and filling 655 seats.

Our new summer program sees us returning to the UMM campus for two classes. This fall we will be offering a wonderful mix of classes to fit everyone's needs. Some will be held in person at UMM. Others will allow for both in-person and Zoom attendees, while still other classes will only be offered on Zoom. One of the great things we learned last year is that we can now stay connected to all our members all year long. We can also have instructors that are not just from this area but can be from all over the country giving us even more opportunities to learn wonderful, new things.

The future is bright — welcome to it! We continue to look forward to seeing you at SSC.

Jacqueline O'Clair
SSC, Acting Chair

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[//machias.edu/ssc/](http://machias.edu/ssc/)



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IMPORTANT ANNOUNCEMENT

SIGNIFICANT CHANGES TO SSC'S BUSINESS MODEL DUE TO COVID-19 RESTRICTIONS HAVE RESULTED IN OUR BY-LAWS BEING SUBSTANTIALLY MODIFIED TO ALLOW SUNRISE SENIOR COLLEGE TO BE THE BEST POSSIBLE SENIOR COLLEGE IN MAINE.

PLEASE READ THE ANNUAL REPORT AND BY-LAWS CHANGES SO YOU HAVE A FULL UNDERSTANDING OF WHY THESE CHANGES WERE NECESSARY.

2021 Sunrise Senior College Annual Meeting

June 18, 2021 2:00 PM, via Zoom

[Click here to view your invitation.](#)

[To read the Annual Meeting Report in its entirety, click here.](#)

To ensure that you receive a link to attend the Annual Meeting, Please:

RSVP By June 11th, 2021: 255-1384
or sunriseseniorcollege@maine.edu

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SSC Volunteer Opportunities

If you think any of the following opportunities is right for you, please email me at suzieocclair@gmail.com and I'll see that it gets to the right person. Remember, we are always looking for people who may be interested in helping with one of our various committees or at one of our special events. Could that be you?

WANTED: Curriculum Committee Members

SSC's Curriculum Committee is constantly on the lookout for ways to make each semester one to remember. Whether it's finding instructors and reviewing proposals for our Spring and Fall semesters, getting interesting lecturers and planning field trips for our Summer session or planning and organizing Winter Warm-Up activities, our members are always on the lookout for stimulating, thoughtful and sometimes provocative subjects. Committee members not only host presentations and are the SSC liaisons for the instructors, they also schedule meeting rooms and times and Zoom sessions, train and coordinate course hosts, do analysis of each course, order supplies and textbooks and submit course information for publication.

WANTED: Jabberwocky Newsletter Reporter

Do you like to learn about people, places and things? Do you enjoy sharing experiences? Then we have an opportunity for you. Our reporters contribute to our newsletter by talking to SSC members to get stories about their lives in Maine; finding out what drew them to this area, what they love about it; getting pictures of local points of interest, wildlife or flowers.

WANTED: Jabberwocky Copy Editor

Do you have an excellent command of the English language? Do you have an eye for detail and critical thinking? When you read an article, do you look at how it flows, if it is sensible and fair? Have you ever thought you would like to be a Copy Editor on a newspaper? Then we need you, twice a year, to help with pre-publication editing when we put out our Spring and Winter newsletters.

- Suzie O'Clair, Jabberwocky Editor

Curriculum Committee — 2021 Winter, Spring and Summer

What successful winter and spring semesters! SSC has mastered Zoom classes and delivered 4 winter classes and 16 spring classes. Three in-person courses were offered as well and although the registration was limited, those classes filled fast! We owe a great deal of gratitude to the University of Maine at Machias for use of their Zoom platform.

For the 4 winter classes and 7 spring classes, we introduced a series that presented the business stories of part-time and full-time Washington County entrepreneurs. We also tried a new slant on marketing the spring *Innovations in Rural Maine* classes by opening up registration to the general public. What we found was that the years of class evaluation and polling told us that SSC members are most interested in academic subjects (especially history, liberal arts and science), crafts and creative classes (drawing, painting, sculpture, etc.). Knowing that demographic about our membership greatly assists the Curriculum Committee in seeking out classes.

This past spring's most popular class was presented by Captain Joseph Bratton of the Maine National Guard, "*Benedict Arnold's Wilderness March: The 1775 Kennebec Expedition.*" The past spring semester also provided SSC members with 4 additional history courses, 3 literary courses, and courses about natural science, linguistics, sculpture and a drawing class. With this wide variety of offerings, it is no wonder that we find many other Maine Senior College members signing up for our courses.

The summer curriculum looks to be just as delicious with 6 free (for members) Zoom classes including 3 classes presented by Maine Audubon about Maine birds and vernal pool wildlife, telepresence in ocean exploration, bioethics, and an adventure to Nepal. There will be 5 free in-person classes including a return to two philosophy sessions we all love (outside at the UMM gazebo) and 2 plant walks and a pressed plant class. What's not to like about the coming summer classes? And what's keeping you from logging on to the SSC website at machias.edu/ssc to check out these great classes, renew your membership and sign up for some summer learning and fun that you can't get anywhere else?

Keep in touch with SSC through the website to find out what will be happening for the fall semester. Inside in-person classes are likely as well as Zoom classes – a mixture of accessibility for learning that we have become adept in providing for you.

One more thing, when you sign on to a Zoom course, we hope everything goes right and no technical glitches occur and the instructor's resources are matched to the lecture! But putting a Zoom course together takes a lot of work and coordination among several people the Curriculum Committee. Committee members have stepped up to the plate and volunteered to do the Zoom scheduling, be hosts and cohosts for the Zoom sessions and prepare instructors with dress rehearsals before the course is telecast. We've done lots of training sessions for hosts and schedulers – they are key to SSC's success with our classes. So, as you enjoy the online courses give a thought or two to the folks who have put it all together for you!

Anne Archie, Chair—Curriculum Committee

It's Time to Renew your SSC Membership for the 2022 Season!

It's time to renew your SSC Membership for the 2022 season! Membership will run from June 1, 2021, to May 31, 2022, and we're able to keep the cost at \$25.00. You can renew your membership when you're registering for our exciting summer programs – just make sure that you've selected your 2022 Membership before you checkout.

If you want to renew your Membership but you're not ready to enroll in any of our stimulating Summer classes yet, click here to go directly to Membership registration:

[2021-2022 Sunrise Senior College Membership Dues](#)

Please Note: Summer classes are only free for those that have paid their 2021-2022 Membership dues.

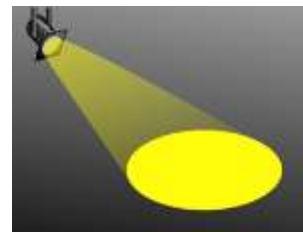
INSTRUCTORS WANTED!

Do you like to teach, share things you've learned? Then we need you! Instructors for SSC are all volunteers who love to share their passions. If this is you, please reach out to me at suzieclair@gmail.com (put "Teach a Course" in the Subject line) and I'll redirect it to the Curriculum Committee.

- *Suzie O'Clair, Curriculum Committee*

Instructor Spotlight

It's hard to believe that a year has gone by and we are now starting to see ourselves coming out of Covid and getting back to some sense of normalcy. Through it all, SSC has been incredibly fortunate to be able to continue presenting you with a variety of classes covering a broad spectrum of topics. All of this was made possible because of the enthusiasm and can-do attitude of the members of our Curriculum Committee and the willingness of our incredible instructors.



Our Winter Series brought us the stories about the Side-Hustles of four enterprising women:

- ◇ Yogi Morgan – whose love of cartoon-doodling and illumination in art started her on the path to the “Tootsie Poosle Card Company.”
- ◇ Betsey Brown-Benner – exposed to the arts from a young child, Betsey turned her passion and belief that there was a need for this niche art into a commission art business called “Maine Fae Art.”
- ◇ Hosanna Erin Jensen – using her knowledge, experience and creativity, she turns tired, tattered and worn-out pieces into new works of art from the foundation up with her “Upholstery” business.
- ◇ Debra Bokur–Rawsthorne – author and credentialed journalist found a love of the area and things not so shiny and new leading her and her husband to purchasing and “Restoring the old Broadway Inn in Machias.”

Our Spring semester showcased entrepreneurship in Washington County through a series called “Innovations in Rural Maine.” These pioneering people shared their stories about the businesses they’ve established, offering their support and experiences to those looking to follow in their footsteps:

- ◇ Dana Morse — Shellfish
- ◇ Jaclyn Robidoux — Seaweed Farming
- ◇ Jillian Taylor — Sales & Marketing Using Social Media
- ◇ Ben & Allie Edwards - Starting a Hemp Farm
- ◇ Richard East — Navigating the Rural Maine Economy
- ◇ Charlie Harrington — How EdGE Was Founded
- ◇ Pat Pinto — New Directions & Opportunities

We also traveled on “Great Journeys in Literature” with Dr. Gerard NeCastro, while Monica Moeller led us through the exploration of political corruption versus idealism and the limits of pragmatism as told by Robert Penn Warren in “All the King’s Men.” Dr. Michael Brown introduced us to the “History of African American Poetry,” covering the evolution of Black Poetry from the American Revolution, slavery and the impact of jazz up through today.

Dr. Robin Pinto, Jon Southern and Cathy Lookabaugh of the Downeast Coastal Conservancy (DCC) took us on a tour of the more than 7,000 acres of wetlands, mountains, beaches, lakes, rivers and islands in the coastal regions of Washington County that they care for.

The story of “Benedict Arnold’s Wilderness March,” his 1775 Quebec Expedition via the Kennebec and Chaudiere Rivers was brought to life by Captain Jonathan Bratten, Army historian and ROTC military history instructor.

Anne Archie took us back in time to the one hundred years of war between France and England that left France in economic and political ruins and where a young, unknown woman named Joan, began to influence the battles in 1429 and eventually led to French victory over the English.

Peter Duston brought to light the stories of the colonial women described as “Invisible Women” focusing on childbirth stories, narratives of Native American female captives and records of women charged with “deviant” behavior.

We took a look at how the days of the week got their names and why October is not the 8th month with Thiela Schnauer in her class “The Ides Have it! Inside the Roman Calendar.”

Christine Laurel shared with us various writings, oral traditions, and photographs about an ancient civilization of high

(Continued on page 5)

Instructor Spotlight (Continued from page 4)

learning and technology that disappeared without a trace during a climate catastrophe, the city of Atlantis, in her class “Atlantis - What’s the deal?”

John McMurray again opened his studio in Addison for his “Sculpture Workshop” and Suzanne Carlisle proved that no matter what your skill level is, you can draw (even if you can’t draw a straight line!).

Looking back at all of this, I just continue to be amazed by the abundance of wealth of the instructors we’ve enjoyed and the vastness of the classes offered. Sunrise Senior College is rich indeed!

- Suzie O’Clair, Curriculum Committee

Student Experiences

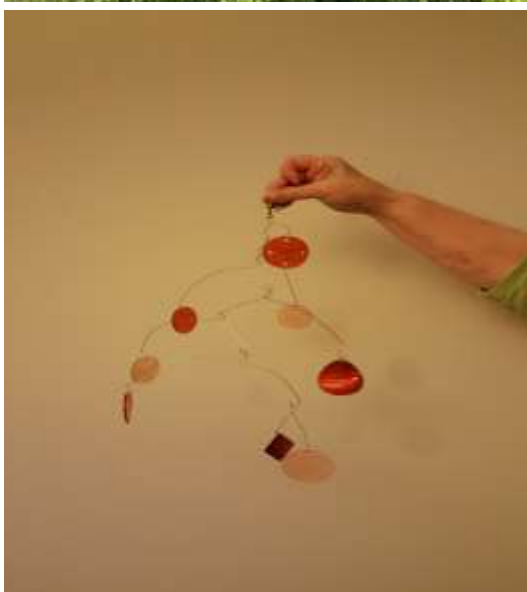


Where can your imagination take you? At the Sculpture Workshop class held at John McMurray’s studio in Addison, ME, the sky’s the limit!

On your left, this moose, who doesn’t have to worry about ticks or where to get his next meal, can be found wandering John’s property along the water.

On your right meet Hattie, a friend of Gretchen Cherry’s, who has a Mona Lisa smile and is constructed from a floor lamp stand, toddler bed springs, hanger, exhaust manifold, and a net bag. She has taken up residence on Gretchen’s deck standing watch and ready to greet you.

On the bottom left, mobiles can be made from the simplest of things — colored plastic disks or old earrings as Gretchen did here; or small pieces of scrap metal, small wooden boats, buttons or birds. It’s your choice and all a matter of balance!



(Continued on page 6)

Student Experiences (Continued from page 5)



Upper pictures, students Gretchen Cherry and Laurie Baird show off their creations as instructor John McMurray looks on.

Lower pictures, some of the different sculptures that instructor John McMurray has created over the years which you can see as you wander about his property.



BRAIN STUDY

If you can read this OUT LOUD you have a strong mind. The threat of Alzheimer's is a long, long, way down the road.



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COOKING CORNER

Haddock Chowder

Ingredients:

- ◆ 1 lb Yukon Gold potatoes
- ◆ 4 tbsl butter, pieces
- ◆ 1 lb onions
- ◆ 1 lb haddock fillet (fresh or frozen)
- ◆ 1 qt ½ and ½
- ◆ Salt and pepper to taste

Directions:

1. Peel the potatoes, cut in ½ inch cubes. Boil till done, about 15 minutes, drain and cool under cold water to stop cooking.
2. In a sauce pan, melt 2 tbsl butter. Peel onion and cut in oarge pieces. Place in the butter pan, cover and cook on low heat till done.
3. Place 4 inches of water in pot. Add fillets and cook on medium heat till opaque and flake easily (temp of 145) - drain. Add potato, onion, remaining butter and ½ and ½ (amount you desire) to the haddock. Add salt and pepper to taste. Cook to 185 degrees.
4. Serve or cool and reheat later. Serves 4.

- Joan Miller



13 Bean Soup

Ingredients:

- ◆ 2 cups of 13 bean soup mix
- ◆ 2½ quarts of water
- ◆ 1 ham hock
- ◆ 1 cup onion, chopped
- ◆ 16 oz. tomato sauce
- ◆ 1 large can tomatoes, petite cut
- ◆ 1½ teaspoons chili powder
- ◆ 2 garlic cloves, finely cut

Directions:

1. Soak the beans overnight.
2. In the morning, rinse and add to the 2½ quarts of water and the ham hock.
3. Cook 3-3½ hours until the beans are soft.
4. Add onion, tomatoes and seasoning.
5. Simmer 30 minutes, until the veggies are done. Serves 8-10.

- Joan Miller



I'd like to hear from you...

- ⇒ *Would you tell us your thoughts about a recent class you enjoyed?*
- ⇒ *Do you have a special recipe or two that you'd like to share with everyone?*
- ⇒ *Can you tell us what drew you to come to this area and what you love about it?*
- ⇒ *Are you a poet and willing to share some of your work with others?*
- ⇒ *Would you review a good book you have recently read?*

This newsletter is for you and about you so I'd like to hear from you. Contact me at suzieclair@gmail.com.

- Suzie O'Clair, Jabberwocky Editor

Moose Watching

Maine is lucky enough to be one of only a few states that has a sizable moose population. State biologists estimate the Maine population to be around 75,000 - the largest concentration of moose in the country next to Alaska. A glimpse of a Maine moose is a once-in-a-lifetime experience.

The best times to spot moose are at dusk and dawn from mid-May through July, and again in the fall during their breeding season, called the rut. Care should be taken to stay at a safe distance especially from a cow with her calf in the spring, and bulls during rutting season in the fall, as they can be aggressive.

Fall is also when the impressive antlers of the bull moose are fully formed. They will shed their antlers in November or December, and new, larger antlers will begin to grow in the spring.

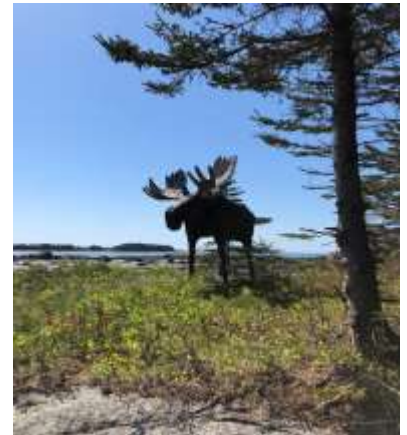
Fun Facts:

- Moose is Maine's state animal
- Moose have no top front teeth
- Moose can only see about 25 feet
- Moose are great swimmers
- Moose prefer shady, wet areas, such as bogs and marshes
- After the first calf, moose quite often have twins

The information above can be found at www.mainesnorthwesternmountains.com.

- Submitted by Helen Koslova

P.S. A top place in Washington county to spot a full-size moose sculpture is at John's McMurry Art studio in Addison!



Memory Lane....

Let's take a trip down memory lane. If you're puzzled by any of these, just ask someone a little older than you. Here we go....

Do you know or use one of these...



If you've eaten dinner at a table like this...



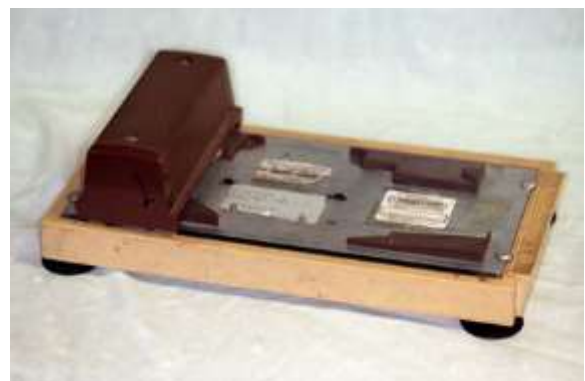
If you've experienced this pain...



If you know exactly what used to be in these boxes...



If you know what this is used for...



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Current issues are free and found at offthecoast-mag.com. Back issues are \$10.

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