

# Early College Career Pathways: Exploring Psychology

The Early College Exploring Psychology Pathway is designed to give students a set of introductory-level credits with a focus on providing students with knowledge and activities related to the field of psychology.

## This pathway may lead to programs in a variety of majors at UMaine Machias, including:

- B.A. in Psychology and Community Studies
- A.S. in Liberal Studies with concentrations in:
  - ° Mental Health and Rehabilitation
  - Psychology
- Undergraduate certificates in:
  - Mental Health and Rehabilitation Technician/ Community (MHRT/C)
  - ° Wilderness Therapy
- Minors in:
  - ° Art
  - ° Coaching
  - Counseling and Substance Use Rehabilitation
  - ° Music
  - ° Psychology
  - ° Wilderness Therapy

### Completion of these majors allows students to pursue careers such as:

- Adoption services
- Behavioral health professional
- Case manager
- Child protective services caseworker
- Crisis counselor
- Developmental therapist
- Direct care counselor
- Direct support professional
- Engagement specialist
- · Mental health and rehabilitation technician

Delivery: On-campus, hybrid, or 100% online Credits: 15

#### **Pathway Requirements:**

- ☐ PSY 102: Personal Growth
- ☐ ENG 101: Composition and

Presentation I

- ☐ PSY 110: Introduction to Psychology
- ☐ MAT 113: Introduction to Statistics *or*

MAT 124: Statistics for the Social Sciences

☐ MHR 200: Introduction to Behavioral and Community Health Systems

Courses listed in recommended sequence.



#### Get a Head Start on Your College Degree! Sign up at machias.edu/earlycollege

For more information contact 207.255.1268 or ummearlycollege@maine.edu

