



**Environmental Recreation and Tourism Management
Sport & Fitness Management Concentration
2016 – 2018**

Sport & Fitness Management Concentration	25 cr
• BIO 110 Human Anatomy & Physiology I	4
• REM 202 Recreational Sports Methods	3
• REM 224 Athletic Injury Management	3
• REM 326 Athletic Administration	3

Concentration electives 12

Course(s) must be in addition to those taken to satisfy other program or concentration requirements.

Complete a minimum of 6 hours from the following **Sport & Fitness Management** courses:

- *BIO 108 Introduction to Human Nutrition*
- *BIO 230 Human Anatomy & Physiology II*
- *PSY 223 Sport Psychology*
- *REM 200 Group Fitness Instruction*
- *REM 213 Principles of Coaching*
- *REM 245 Personal Fitness Training*
- *REM 323 Principles of Strength & Conditioning*

Complete up to 6 hours from the following **Business** courses. Any course with one of the following subject designators:

- *ACC Accounting*
- *BUS Business*
- *MAN Management*
- *MAR Marketing*

Complete up to 3 hours from the following **PE Activity** courses: 0-3

- *PHE 101 Physical Education Activity*
- *PHE 201 Physical Education Activity*

General electives 14 cr

As needed to earn the required program total 120 credits.