



Associate of Arts in Liberal Studies 2011 - 2014

With optional concentrations in psychology, mental health and rehabilitation, allied health, and marine biology.

To graduate a student must earn a minimum of 60 credits and achieve a cumulative GPA of at least 2.00

I. MAINE COASTAL ODYSSEY	13-16 CR
First-Year Seminar	1-3
▪ ELA 101 Recreation & Wellness	3
▪ ELA 1xx Natural Environments*	3-4
▪ ELA 112 Community & Place	3
▪ ELA 2xx Humans & Nature	3
* May also be satisfied by any of the Scientific Inquiry courses below.	
II. COMMUNICATION SKILLS	6 CR
▪ ENG 101 Composition	3
▪ SPE 104 Public Speaking	3
III. AESTHETIC PERSPECTIVES	4 CR
Select courses with a Requirement Designation of “Aesthetic Perspectives” from at least two of the following areas: art, dance, music, theater, interdisciplinary fine arts and/or creative writing. At least one credit must be taken in studio or performing arts.	
IV. HISTORICAL PERSPECTIVES	6 CR
<i>Select one of the following:</i>	3
▪ HTY 115 World History I	
▪ HTY 116 World History II	
Select any other 200 or 300-level HTY course	3
V. LITERARY PERSPECTIVES	3 CR
<i>Select one of the following:</i>	
▪ ENG 113 Intro to Humanities	
▪ ENG 114 Topics in World Literature	
▪ ENG 117 Intro to Literary & Cultural Studies	
▪ ENG 118 Topics in Contemporary Literature	
VI. GLOBAL PERSPECTIVES	3 CR
<i>Select one of the following:</i>	
▪ ANT 101 Cultural Anthropology	
▪ BUS 334 International Business	
▪ CMY 220 Soliya	

- ENG 224 Masterpieces of World Literature
- GEO 101 Intro to Geography
- HTY 115 or 116 World History I or II*
- HTY 321 World Environmental History*
- Any foreign language course
- Any 3-credit course that includes an approved study abroad trip
- Any approved study abroad transfer credit
- An approved study abroad experience

*Course not taken to fill Historical Perspectives requirement.

VII. SOCIAL SCIENCES & THE ENVIRONMENT

3 CR

Select one of the following:

- ANT 212 Environmental Anthropology
- ANT 313 Political Ecology
- ECO 223 Environmental Economics
- ENV 112 Environmental Issues
- POS 305 Environmental Policy
- PSY 317 Environmental Psychology
- PSY 334 Community Psychology & the Environment
- REM 327 Recreational Behavior & the Environment

VIII. SCIENTIFIC INQUIRY

3-4 CR

Select one of the following:

- ELA 1xx Natural Environments
- BIO 111 General Zoology
- BIO 112 General Botany
- CHY 101 General Chemistry I
- ENV 103 Oceanography
- MTR 101 Meteorology
- PHY 111 Physics I

IX. MATHEMATICAL LITERACY

3-8 CR

Select any two MAT courses at or above the 100-level. One of these courses may be MAT 102 Intermediate Algebra or its equivalent (see below).

Ways to establish equivalence to MAT 102:

1. Score at least 500 on SAT math exam or at least 21 on ACT math exam.
2. Score 50 or better on CLEP College Mathematics or College Algebra exam taken after 7/1/2001 or 500 or better on same exam taken before that date.
3. Place beyond Intermediate Algebra on Accuplacer placement exam.

Note: Credit will not be awarded for choices 1 and 3 above.

Total: 41-49

For no concentration, complete electives to reach 60 credits.

Concentration in Psychology:

In completion of above, select BIO 111, MAT 113, ANT 101, and either PSY 317 or PSY 334

In addition:

- PSY 110 Introduction to Psychology 3
- PSY 102 Personal Growth 3

- PSY 211 Intro to Behavioral & Community Mental Health Systems 3
 - PSY 311 Social Psychology 3
 - PSY 320 Learning and Memory 3
- Total: 56-64

Concentration in Mental Health & Rehabilitation:

- PSY 110 Introduction to Psychology 3
 - PSY 211 Introduction to Behavioral & Comm. Mental Health Systems 3
 - PSY 213 Psychosocial Rehabilitation Practices 3
 - PSY 230 Abnormal Psychology 3
 - SSC 302 Introduction to Counseling 3
- Total: 56-64

Note: Students seeking to receive MHRT/C certification should also complete:

- PSY 332 Crisis Identification and Resolution 3
- PSY 313 Counseling Diverse Populations 3
- PSY 329 Trauma & Recovery 3
- PSY 328 Case Management 3
- PSY 324 Lifespan II (Covers Mental Health & Aging Req) 3
- PSY 315 Chemical Dependency & Dual Diagnosis Counseling 3
- PSY 326 Vocational Aspects of Disability 3

Concentration in Allied Health:

In completion of above, select BIO 111 General Zoology

- BIO 110 Human Anatomy & Physiology I 4
- BIO 230 Human Anatomy & Physiology II 4
- PSY 110 Introduction to Psychology 3

Choose Two:

- BIO 221 General Microbiology 4
 - PSY 201 Developmental Psychology 3
 - SOC 114 Introduction to Sociology 3
- Total: 58-67

Concentration in Marine Biology:

In completion of above, select BIO 111 General Zoology

- ENV 103 Oceanography 3
 - BIO 112 General Botany 4
 - BIO 206 Intro to Marine Biology 4
 - Any Marine Biology course at 200-level or above 4
- Total: 56-64