

# ASSOCIATE PROGRAMS

## GENERAL INFORMATION

The Associate of Arts degree in Liberal Studies provides four areas of specialization:

*Allied Health*  
*Marine Biology*  
*Mental Health & Rehabilitation*  
*Psychology*

The Associate in Science degree provides two areas of specialization:

*Business & Entrepreneurial Studies*  
*Business Technology - Recreation Management*

The programs of study emphasize liberal arts as well as professional studies. In addition, the curricula facilitate transition to UMM's baccalaureate programs for those students who desire to further their studies or seek higher credentials.

## Liberal Studies

Students completing the Associate of Arts in Liberal Studies may complete optional concentrations in Allied Health, Marine Biology, Mental Health & Rehabilitation or Psychology.

To graduate, students must earn a minimum of 60 credits and achieve a cumulative GPA of at least 2.0.

Students who complete this program will have completed all the general education requirements for the baccalaureate degree.

### General Requirements

#### I. MAINE COASTAL ODYSSEY 14-16 CR

First-Year Seminar	1-3
ELA 101 Recreation & Wellness	3
ELA 113 Natural Environments*	4
ELA 112 Community & Place	3
ELA 342 Humans & Nature	3

\* May also be satisfied by any of the Scientific Inquiry courses below.

#### II. COMMUNICATION SKILLS 6 CR

ENG 101 Composition	3
SPE 104 Public Speaking	3

#### III. AESTHETIC PERSPECTIVES 4 CR

Select courses with a Requirement Designation of "Aesthetic Perspectives" from at least two of the following areas: art, dance, music, theater, interdisciplinary fine arts and/or creative writing.

At least one credit must be taken in studio or performing arts.

#### IV. HISTORICAL PERSPECTIVES 6 CR

Select one of the following:	3
HTY 115 World History I	
HTY 116 World History II	
Select any other 200 or 300-level HTY course	3

#### V. LITERARY PERSPECTIVES 3 CR

Select one of the following:	
ENG 113 Intro to Humanities	
ENG 114 Topics in World Literature	
ENG 117 Intro to Literary & Cultural Studies	
ENG 118 Topics in Contemporary Literature	

#### VI. GLOBAL PERSPECTIVES 3 CR

Select one of the following:	
ANT 101 Cultural Anthropology	
ART 201 Art History I	
ART 202 Art History II	
BUS 334 International Business	
CMY 220 Soliya	
ENG 224 Masterpieces of World Literature	
GEO 101 Intro to Geography	
HTY 115 or 116 World History I or II*	
HTY 321 World Environmental History*	
Any foreign language course	
Any 3-credit course that includes an approved study abroad trip	
Any approved study abroad transfer credit	
An approved study abroad experience	

\* Course not used to fill Historical Perspectives requirement.

**VII. SOCIAL SCIENCES & THE ENVIRONMENT 3 CR**

Select one of the following:

- ANT 212 Environmental Anthropology
- ANT 313 Political Ecology
- ECO 223 Environmental Economics
- ENV 112 Environmental Issues
- POS 305 Environmental Policy
- PSY 317 Environmental Psychology
- PSY 334 Community Psychology & the Environment
- REM 327 Recreational Behavior & the Environment

**VIII. SCIENTIFIC INQUIRY 4 CR**

Select one of the following:

- ELA 113 Natural Environments
- BIO 117 This is Life!
- CHY 101 General Chemistry I
- ENV 103 Oceanography
- MTR 101 Meteorology
- PHY 111 Physics I

**IX. MATHEMATICAL LITERACY 3-8 CR**

Select any two MAT courses at or above the 100-level. One of these courses may be MAT 102 Intermediate Algebra or its equivalent (see below).

Ways to establish equivalence to MAT 102:

1. Score at least 500 on SAT math exam or at least 21 on ACT math exam.
2. Score 50 or better on CLEP College Mathematics or College Algebra exam taken after 7/1/2001 or 500 or better on same exam taken before that date.
3. Place beyond Intermediate Algebra on Accuplacer placement exam.

*Note: Credit will not be awarded for choices 1 and 3 above.*

<b>Allied Health Concentration</b>	<b>17-18 cr</b>
BIO 110 Human Anatomy/Physiology I	4
BIO 230 Human Anatomy/Physiology II	4
PSY 110 Intro to Psychology	3

Select two of the following: 6-7

- BIO 221 General Microbiology
- PSY 201 Developmental Psychology
- SOC 114 Intro to Sociology

**Marine Biology Concentration 16 cr**

BIO 118 Animal Life	2
BIO 119 Plant Life	2
BIO 206 Intro to Marine Biology	4
BIO Any Marine Biology course at the 200-level or higher	4
ENV 103 Oceanography	4

*Note: Students in this concentration need to complete BIO 117 This is Life! to fulfill Scientific Inquiry requirement.*

**Mental Health & Rehabilitation Concentration 15 cr**

PSY 110 Intro to Psychology	3
PSY 211 Intro to Behavioral & Community Mental Health Systems	3
PSY 213 Psychosocial Rehabilitation Practices	3
PSY 230 Abnormal Psychology	3
SSC 302 Introduction to Counseling	3

**Psychology Concentration 15 cr**

PSY 102 Personal Growth	3
PSY 110 Intro to Psychology	3
PSY 211 Intro to Behavioral & Community Mental Health Systems	3
PSY 311 Social Psychology	3
PSY 420 Learning & Memory	3

## Business & Entrepreneurial Studies

The curriculum for an AS in Business & Entrepreneurial Studies enables the student to prepare for entry-level positions in a variety of professional areas including accounting, business computer programming and entry-level management positions.

The program of study emphasizes liberal arts as well as professional studies. In addition, the curriculum facilitates transition to UMM's baccalaureate programs for those students who

decide to further their studies or seek higher credentials.

**General Requirements**

To graduate, students must earn a minimum of 60 credits and achieve a cumulative GPA of at least 2.00.

**English/Liberal Arts Requirements 12**

ENG 101 Composition 3

Select one: 3

ENG 113 Intro to Humanities

ENG 114 Topics in World Literature

ENG 117 Intro to Literary & Cultural Studies

ENG 118 Topics in Contemporary Literature

Liberal Arts elective from two of the following areas: art, creative writing, environmental liberal arts (ELA), history, interdisciplinary fine arts (FIA), music, scientific inquiry, theatre, or speech, foreign Language 6

**Social Science Requirements 3**

Select one: 3

ANT 101 Cultural Anthropology

PSY 110 Intro to Psychology

SOC 114 Intro to Sociology

**Math Requirements 3**

MAT 12 Beginning Algebra competency\* 0-3

MAT course at or above the 100-level 3

\* Students can demonstrate competency in MAT 12 by achieving a score of 60 or better on the Accuplacer Elementary Algebra exam and 50 or better on the Accuplacer Arithmetic exam. Students who demonstrate competency in MAT 102 are also considered to have met competency in MAT 12.

**Business Requirements 24**

ACC 201 Financial Accounting 3

BUS 111 Intro to Business & Entrepreneurship 3

BUS 212 Business Communications 3

BUS 221 Business Law I 3

ECO Economics elective 3

MAN 302 Small Business Management & Entrepreneurship 3

MAR 101 Marketing & Entrepreneurship 3

Computer Applications electives 3

**Business Electives 12**

Select 3 Credits from accounting (ACC), business (BUS), management (MAN) or marketing (MAR) at or above the 300 level. 3

Select 9 additional credits from accounting (ACC), business (BUS), economics (ECO), management (MAN) or marketing (MAR) at any level 9

**General Electives 6**

Electives to bring total to 60 credits

**Recreation Management**

Recreation Management emphasizes a study of recreational services integrated with business management. The general objective of this program is preparation for program leadership positions in the field of leisure services.

The program of study emphasizes environmental liberal arts as well as professional studies. In addition, the curriculum facilitates transition to UMM's Environmental Recreation & Tourism Management baccalaureate program for those students who decide to further their studies or seek higher credentials.

**General Requirements**

To graduate, students must earn a minimum of 65 credits and achieve a cumulative GPA of at least 2.00.

**First-Year Seminar 1-3**

FYS 101 First-Year Seminar

**Communications 6**

ENG 101 Composition 3

SPE 104 Public Speaking 3

**Aesthetic Perspectives 4**

Complete 4 credits from at least two of the following areas: ART, DAN, MUS, THE, FIA or Creative Writing. At least one credit must be in studio or performing arts.

<b>Scientific Inquiry</b>	<b>4</b>
ELA 113 Natural Environments	4
<b>Math Requirements</b>	<b>0-3</b>
MAT 12 Beginning Algebra competency*	0-3
MAT course at or above the 100-level	0-3
This course may be MAT 102 Intermediate Algebra or its equivalent (see below).	

<b>Wellness and Physical Activity</b>	<b>5</b>
ELA 101 Recreation & Wellness Seminar	3
Two additional credit hours of Physical Education Activity courses	2
<b>General Elective</b>	<b>3-5</b>
Electives to bring total to 65 credits	

Ways to establish equivalence to MAT 102:

1. Score at least 500 on SAT math exam or at least 21 on ACT math exam.
2. Score 50 or better on CLEP College Mathematics or College Algebra exam taken after 7/1/2001 or 500 or better on same exam taken before that date.
3. Place beyond Intermediate Algebra on Accuplacer placement exam.

*Note: Credit will not be awarded for choices 1 and 3 above.*

\* Achieving equivalence for MAT 102 automatically demonstrates competence in MAT 12 Beginning Algebra.

<b>Business</b>	<b>9</b>
BUS 221 Business Law I	3
MAR 101 Marketing & Entrepreneurship	3
<i>Select 3 Credits from Marketing (MAR), Management (MAN), Accounting (ACC) or Business (BUS) at or above the 200 level</i>	
	3

<b>Recreation</b>	<b>28-29</b>
REM 110 Intro to Environmental Recreation & Tourism Management	3
REM 115 History & Philosophy of Recreation	3
REM 121 Outdoor Recreation I	3
REM 201 Leisure Activities	3
REM 202 Recreational Sports Methods	3
REM 205 Recreation Safety & First Aid	4
REM 219 Intro to Tourism	3
REM 226 Recreation Program Planning	3
<i>Select one:</i>	3
REM 230 Outdoor Leadership or REM 213 Principles of Coaching	
Recreation Management Elective	3-4

<b>Cooperative Education</b>	<b>3</b>
COE 201 Cooperative Education I	3